

# COACHING MINOR

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Department website (<https://www.uwp.edu/learn/programs/coachingminor.cfm>)

College: College of Natural & Health Sciences

A minor in coaching allows students to learn key fundamental elements of the coaching profession in academic and practical settings. Program focal points include learning the physical and mental aspects of the profession, student-athlete safety and training concepts along with practice and game preparation.

Students who successfully complete the coaching minor requirements will meet Wisconsin Intercollegiate Athletic Association (WIAA) requirements for coaching. Students who successfully complete the coaching minor requirements will also meet Illinois High School Association (IHSA) course requirements for coaching but will also need to pass the Illinois By-Law Examination to be certified to coach in Illinois high schools.

## Requirements for the Coaching Minor

To receive the coaching minor, students complete the following:

- Complete all required course work (22 credits) shown below for the minor; and
- Earn a grade of C or better (C- is not acceptable) in each of the classes utilized to complete the minor; and
- Achieve a minimum 2.50 GPA in all courses utilized to complete the minor.

Code	Title	Credits
<b>Required Courses</b>		
PE 200	Fundamentals of Coaching	3
PE 210	Fundamentals of Sports Officiating	3
PE 301	Sport Conditioning Practice Design	3
PE 305	Coaching Individual and Team Sports	3
PE 493	Coaching Practicum	1
KSP 210	Prevention and Care of Athletic Injuries	3
KSP 320	Sport and Exercise Psychology	3
<b>Elective Course</b>		
Select one of the following:		3
HLTH 280	Nutrition for Wellness	
SPMT 300	Legal Issues in Sport Management	
KSP 306	Motor Learning and Skill Acquisition	
SPMT 380	Facility Development and Management	
SPMT 400	Sports Analytics	
<b>Total Credits</b>		<b>22</b>